

Sheoak CAFE

ALL DAY BREAKFAST MENU

Mushroom diablé: \$15.50
Devilled mushrooms, grilled bread with spinach and asparagus (GF) (V)

Big Brekkie: \$18.00
Free range eggs, bacon, mushrooms, tomato, homemade baked beans, beef sausage on Turkish bread (GF)

Greek: \$18.00
Free range poached eggs, roasted mushrooms & tomatoes, fetta, spinach, skordahlia & garlic yoghurt on Turkish bread (GF) (V)

Croissant: \$ 8.50
With your choice of 3 fillings, served with a green salad

Gourmet focaccia: \$14.00
Turkey, ham or chicken breast with cheese & tomato, spanish onion, roasted capsicum, cucumber, avocado, aioli & greens (vegetarian option available)

Raisin Toast: \$ 3.00

Egg, cheese & bacon turkish roll: \$ 8.50

Toasties: \$ 6.50
With your choice of 3 fillings

Muesli: \$10.50
With poached fruits, yoghurt & honey (GF) \$2.00 extra

All extras per item \$2.00 Gluten free or rye bread bread available - \$2.00 extra



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DESSERTS

(Breakfast and Lunch)

Crêpes:

"All served with ice cream"

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| Lemon and sugar: | \$ 9.50 |
| Strawberry coulis: | \$12.50 |
| Hazelnut chocolate & banana: | \$11.50 |
| Honey & cream: | \$ 9.50 |

Homemade cakes: \$ 9.50

Brownie berry cheese cake
Orange, almonds & poppy seeds (GF)
Sticky date & pistachio
Flourless chocolate (GF)
Apple cherry crumble
G3 (green lime, green apple, green ginger)
Carrot cake

Clafoutis: \$ 4.00

Peach
Cherry
Prune

Mini tarts: \$ 3.00

Chocolate & almond
Lemon



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LUNCH MENU

Soups

Served with grilled Turkish Bread

Yemen: \$12.00

Chicken, rice, tomato and dill topped with garlic yoghurt (GF)

Curried Lentils: \$12.00

With chickpeas & Potato (GF) (V)

Soup of the Day: \$12.00

Gluten free or rye bread: - extra \$2.00

Mains

Antipasto platter for 2: \$23.00

With cured meat shavings, salami, haloumi, cornichons, marinated artichokes, sundried tomatoes, giant capers, grilled eggplant, marinated olives and grilled bread

Assorted dip platter: \$17.00

With crudities & grilled bread (V)

Sheoak lamb burger: \$18.00

With grilled eggplant, tomato, roasted capsicum, spanish onion, rocket, fetta & tsatziki on Turkish pide

Blue cheese & caramalised onion tart: \$15.00

Served with salad of rocket, spanish onion, walnuts & bacon (V)



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Classic salade Niçoise: \$18.00

Beans, tomato, olives, baby potato, artichokes, cucumber, capsicum, Italian tuna, fresh herbs & Sheoak dressing (GF) (V)

Open Turkey: \$15.00

With cranberry, bacon & cheese served with baby green salad & pistachio

Sri Lankan chicken curry: \$19.50

Served with vegetable raita & coriander, garlic yoghurt, pickles & papadam

Smoked salmon, brie & dill tart: \$17.50

Served with asparagus, cucumber, greens, preserved lemon & caper aioli

Turkish wagyu meatballs & rice pilaf: \$18.50

Served with grilled vegies and cumin spiced yoghurt

Boeuf bourguignon: \$21.00

Beef braised in red wine & mushrooms served with mash, French beans, roasted tomato & zucchini topped with herbed butter (GF)

Risotto ball: \$18.00

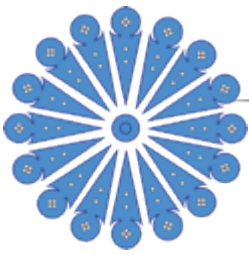
Filled with spinach, pine nut, lemon & mozzarella with ratatouille & salad of fresh tomato, onion, rocket & basil aioli (V) (GF)

Moroccan Chermoulah chicken: \$19.00

Marinated in fresh parsley, coriander, preserved lemon, spices, red onion, & virgin olive oil. With a pistachio spiced couscous & baby salad of roasted peppers, olives, spinach & red onion (GF optional with rice)

Sheoak summer salad specials: P.O.A.

Vegetarian options available



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EVENING MENU

STARTERS

- Cheese platter:** \$17.00
A selection of 3 cheeses served with rustic bread & port soaked prunes & pickled cumquats
- Selection of 3 delicious dips:** \$17.00
Served with flat bread (V)
- Soup of the day:** \$12.00
Served with turkish bread
- Antipasto plate for 2:** \$23.00
Cured meat shavings, salami, haloumi, cornichons, marinated artichoke hearts, sundried tomatoes, giant capers, grilled eggplants & marinated olives
- Sheoak Pizza:** \$16.00
Made on a bed of Afghan bread with tomato, basil and prosciutto. Topped with rocket
- Vegetarian Sheoak Pizza:** \$15.00
Made on a bed of Afghan bread with tomato, olives, goats cheese and spinach. Topped with rocket

MAINS

- Sheoak summer salad special:** P.O.A.
With roasted pumpkin, fetta, spanish onion, bacon, greens and orange dressing
- Pasta:** \$19.50
Linguine with fresh herbs, chicken, mushroom, tomato, basil sauce topped with rocket, parmesan & tomato concasse
- Turkish wagyu meatballs & rice pilaf:** \$23.00
Served with grilled vegies and cumin spiced yoghurt
- Sri Lankan chicken curry:** \$23.00
Served with vegetables, coriander, garlic yoghurt, pickles and pratha



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MAINS CONT.

Grilled salmon: \$24.00
Served with skordalia, haloumi, zucchini fritters, grilled tomatoes & salsa verde

Risotto ball: \$20.00
Filled with spinach, pine nut, lemon & mozzarella with a ratatouille & salad of fresh tomato, onion & basil aioli (GF) (V)

Moroccan chermoula chicken: \$24.00
Marinated in fresh parsley, coriander, preserved lemon, spices, red onion & virgin olive oil.
With a pistachio spiced couscous & baby salad of roasted peppers, olives, spinach & red onion

Persian lamb & cashew nut koresh: \$25.00
Perfumed with Baharat spices and rosewater with Za'atar grilled vegies, fresh herb salad &

DESSERTS

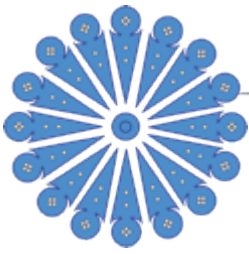
Crème Brulée: \$10.50
With almond & pistachio biscotti

Poire Belle Hélène: \$11.50
Poached pear in vanilla syrup with chocolate sauce, ice cream & roasted almonds

Clafoutis: \$ 6.50
Peach, Cherry or Prunes

Tarts: \$ 9.00
Chocolate & banana
Pear & almond

Crêpes: "All served with ice cream"
Lemon and sugar: \$9.50
Strawberry coulis: \$12.50
Hazelnut chocolate & banana: \$11.50
Honey & cream: \$ 9.50



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DESSERTS CONT.

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| Homemade cakes: | \$ 9.50 |
| Brownie berry cheesecake | |
| Orange, almonds & poppy seeds (GF) | |
| Sticky date & pistachio | |
| Flourless chocolate (GF) | |
| Apple cherry crumble | |
| G3 (green lime, green apple, green ginger) | |

Coffee and Tea

Coffee - Our coffee is fair trade and organic

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| Flat white, Latté, Cappuccino, Mocha, Long black, Short black: | \$ 4.00 |
| Chai latté, hot chocolate: | \$ 4.50 |
| Extra shot or Mug: | \$.50 |
| Extra for soy, rice milk: | \$.50 |
| Ice coffee or iced chocolate - served with cream and ice cream: | \$ 5.00 |
| Babycinno: | \$ 1.00 |

Tea - Please ask our staff for flavours available

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| Mug: | \$ 3.50 |
| Small pot: | \$ 4.50 |
| Large pot: | \$ 6.50 |

Everything we serve is made with the freshest ingredients
Please see our menu board for specials
WE ARE PASSIONATE ABOUT FOOD