

Parente Ristorante

Primo

Antipasto Piatto for two	28.50
<i>Traditional selection of cold meats, cheeses Marinated vegetables, and in house made delicacies</i>	
Piatto di Olive	7.90
<i>Marinated Black olives and Green olives stuffed with feta cheese</i>	
Piatto di Anchovies Bianco	7.90
<i>White Anchovies in oil accompanied with ciabatta bread</i>	
Oysters (When In season)	
<i>Fresh oysters</i>	12.90/ 25.90
<i>Kilpatrick oysters</i>	14.90/ 27.90
<i>Diavolo oysters ,tomato, bocconcini, chilli, basil</i>	14.90/ 27.90

Pane

Garlic Bread	7.90
<i>Three slices of lightly toasted ciabatta infused with garlic oil</i>	
Pane Con Olio	7.90
<i>Extra Virgin Olive oil and Balsamic vinegar with slices of fresh Ciabatta bread</i>	
Pane ed erbe (Herbal Bread)	8.90/ 19.90
<i>Parente's Freshly baked Pizza bread fully flavored fresh garlic, extra virgin olive oil and sprinkled with parmesan cheese</i>	
Parente Schiacciata	14.50/ 22.50
<i>Freshly baked Pizza bread marinated with garlic, sliced tomatoes, Bocconcini, cracked pepper, parmesan cheese & fresh basil</i>	
Prosciutto Schiacciata	17.50/ 26.50
<i>Freshly baked Pizza bread marinated with olive tapenade, sliced tomatoes, Bocconcini, prosciutto, cracked pepper, parmesan cheese & fresh basil</i>	

Children Meals

<i>Fries</i>	6.90
<i>Penne Napolitana or Bolognese</i>	15.50
<i>Chicken strips & chips</i>	16.50

Contorni (Side Dishes)

<i>Small bowls of oven roasted chunky marinated Potatoes</i>	6.90
<i>Seasonal green vegetables</i>	7.90
<i>Side Salad — Insalata di Europe</i>	5.90
<i>Fries (side or bowl)</i>	6.90 / 9.90

Piccolo Piatto

(designed for sharing and tasting)

Arancini ai funghi	8.90
<i>Mushroom risotto ball's filled with bocconcini in Napolitana sauce with rocket salad</i>	
Salsiccia Siciliana	8.90
<i>Pan fried Italian fennel sausage</i>	
Salt & Pepper Calamari	8.90
<i>Tenderized local Calamari served on marinated rocket</i>	
Italian Polpetta	8.90
<i>Traditional freshly made meatballs, in a rich napolitana sauce</i>	
Gamberi Con Pancetta	8.90
<i>Prawns wrapped in pancetta</i>	
Broccoli Polenta and olive Tapenade	8.90
<i>Crispy pieces of polenta with broccoli coated with Olive tapenade</i>	
Whitebait <i>(tender young fish)</i>	8.90
Baby Octopus	8.90
<i>BBQ baby octopus marinated with chilli, olive oil, vinegar and garlic</i>	

Insalata

Insalata Pomodoro	14.50
<i>Wedges of tomato with Spanish onion seasoned with extra virgin olive oil, sea salt, oregano and basil</i>	
Insalata di Europa	13.90
<i>Mixed lettuce with tomato, onion, capsicum, olives and bocconcini dressed with balsamic and extra virgin olive oil</i>	
Insalata di Ceaser	18.90
<i>Fresh Cos lettuce with egg, Parente home made dressing, crispy bacon, herb crouton Anchovies and shaved Grana padana</i>	
Insalata di Pollo	22.90
<i>Grilled tender sliced chicken breast mixed through, lettuce, tomato, onion, capsicum, finished with shaved parmesan and a mustard & vinaigrette dressing</i>	

Pastas

Lasagna Del Casa <i>Tradition home made lasagna</i>	19.50
Linguini Granchio <i>Blue swimmer crab meat, garlic, spring onion fresh tomato and basil in a rose sauce</i>	23.90
Spaghetti Vongole <i>Fresh baby clams, in a garlic oil, tomato, chilli, kalamata olives, parsley and white wine</i>	24.90
Spaghetti Ai Marinara <i>Seasonal seafood slowly cooked in a garlic white wine and napolitana sauce</i>	24.90
Fettuccini Italian Polpetta (meat balls) <i>Traditional house made meatballs, fresh oregano And a rich tomato Napolitana sauce</i>	22.90
Fettuccine Con Pollo <i>Pan fried chicken breast pieces, mushrooms, pancetta, pine nuts, porcini in cream sauce</i>	22.90
Gnocchi & Pesto Prawns <i>Fresh potato gnocchi cooked with pesto and prawns, poached tomato pieces With a white wine cream sauce</i>	24.90
Penne Fresca <i>Garlic, chilli, mushrooms, artichoke & olives in a Napoletana sauce topped with shaved Parmesan</i>	19.50
Penne Calabrese <i>Sliced continental sausage, garlic, chilli, roast capsicum, eggplant, olives slowly cooked in a traditional Napolitana sauce.</i>	21.90
Risotto Funghi <i>Porcini mushroom risotto with roasted field fungi, fresh baby spinach, dill and shaved provolone</i>	21.90
Risotto Pollo <i>Pan fried tender chicken pieces in garlic, mushroom, spanish onion with a white wine rose cheese sauce</i>	23.90
Risotto Marinara <i>Seasonal seafood with Arborio rice slowly cooked in a garlic white wine and napolitana sauce</i>	24.90

Piatti

Polenta	19.90
<i>Traditional Italian Polenta cooked slowly topped with Sicilian fennel sausage And a Napolatana sauce</i>	
Garlic Prawns	24.90
<i>Pan-fried prawns cooked in a garlic white wine cream sauce served on a bed of rice and topped with rocket</i>	
Salt & Pepper Calamari	24.90
<i>Served with rocket, roasted capsicum, spanish onion, shaved parmesan and a honey mustard vinaigrette</i>	
Barramundi	28.90
<i>Egg coated Barramundi served with broccoli polenta and green vegetables</i>	
Scotch fillet	38.90
<i>280gm aged scotch cooked to your liking served on creamy potato mash topped with rocket and parmesan</i>	
Scaloppini Pancetta	32.90
<i>Pan fried tender slices veal slowly cooked in napolitana sauce topped with spinach, pancetta and bocconcini accompanied with oven glazed potatoes</i>	
Pollo Melanzane	26.90
<i>Chicken breast cooked with a Napoletana sauce, spinach, eggplant, roast capsicum, and topped with bocconcini served with seasonal vegetables</i>	
Chicken Parmigiana	23.90
<i>Crumbed Chicken Brest, ham, cherry bocconcini with napolitana sauce Severed with seasonal vegetables</i>	
Veal Parmigiana	23.90
<i>Crumbed veal, ham, cherry bocconcini with napolitana sauce Severed with seasonal vegetables</i>	

Pizza

	9"	12"	15"
Prawn <i>Sauce, cheese, large local Prawns, chopped tomato</i>	16.50	22.50	28.50
Prosciutto <i>Sauce, cheese, artichokes, olive oil, Freshly sliced Prosciutto</i>	16.50	22.50	28.50
Napolitano <i>Sauce, Cheese, marinated fresh tomatoes, anchovies</i>	14.50	17.00	21.00
Margherita <i>Marinated fresh tomatoes, sauce, cheese</i>	14.50	16.50	20.00
Meat lovers <i>Ham, pepperoni, Bacon, sauce, cheese</i>	15.50	18.50	22.00
Garden Vegetarian <i>Sauce, cheese, eggplant, roasted capsicums, artichokes, spinach</i>	15.50	22.50	28.50
Capricciosa <i>Sauce, cheese, fresh tomatoes, bocconcini, chilli, kalamata olives, basil leaves</i>	15.50	19.00	22.00
Con Pollo <i>Sauce, cheese, roast chicken, kalamata olives, cracked pepper, Freshly sliced pancetta, basil leaves</i>	17.50	22.50	28.50
Fetta Special <i>Sauce, cheese, fresh tomatoes, pepperoni, chilli, kalamata, olives, basil leaves, olive oil and fetta cheese</i>	14.50	19.50	22.50
The Lot <i>Sauce, cheese, pepperoni, ham, fresh mushrooms, capsicum, kalamata olives, onion, pineapple, anchovies</i>	15.50	19.50	23.50

Pizza

	9"	12"	15"
SeaFood <i>Sauce, Cheese, Calamari, Anchovies, King Prawns, Oysters</i>	17.50	23.50	29.50
Potato Vegitarian <i>Sauce, Spinach, Roast Potato, Roasted Capsicums, Egg Plant</i>	15.50	22.50	28.50
American: <i>Sauce, Cheese, Leg Ham, Pepperoni, Hot Chilli</i>	15.50	18.50	22.00
Daniella Special <i>Sauce, Cheese, Pepperoni, Shoulder Ham, Pineapple, Onions, Kalamata Olives</i>	15.50	19.00	22.50
Vegetarian <i>Sauce, Cheese, Onion, Mushrooms, Olives, Capsicum, Pineapple, Herbs</i>	15.50	19.00	22.50
Chilli Chicken <i>Sauce, Cheese, Sliced chicken pieces and sweet chilli sauce added after cooking</i>	15.50	19.00	22.50
Parente's Special <i>Sauce, cheese, pepperoni, ham, fresh mushrooms, capsicum, kalamata olives</i>	15.50	19.00	22.50
BBQ Chicken <i>Sauce, cheese, Chicken pieces, pineapple, bbq sauce</i>	15.50	18.50	22.00
Bacon Delight <i>Sauce, Cheese, Onion, Pineapple, Bacon</i>	14.50	19.50	22.50
Ham & pineapple <i>Ham, pineapple, sauce, cheese</i>	15.00	17.50	21.00
Calzone <i>Sauce, cheese, pepperoni, mushrooms, onion, capsicums, and kalamata olives Covered in a Bolognese sauce</i>		19.50	