



Airlie
Dayspa
& Hair Studio



■ massage therapies

allow your mind and body find harmony with a full body massage especially designed to meet your needs. traditional techniques and the natural healing qualities of essential oils combine to ease fatigue and revive your spirit. if you are feeling tired, stressed, muscle sore or simply need pampering, we will provide the perfect massage for you.

options include: relaxation, aromatherapy, reflexology, deep tissue, remedial and indian head massage.

we also offer dual treatment rooms, perfect for couples or friends to enjoy a massage together. our gifted therapists will transport you to a place of total and complete relaxation.

30 mins **60** 60 mins **95** 90 mins **135**

■ hot stone therapies

stone therapy involves the application of water heated basalt stones of varying sizes to key points on the body, giving a deep massage. It manipulates the musculature and connective tissue, creating a sensation of comfort and warmth.

hot stone exfoliation 45 mins **87**

hot stone massage 75 mins **115**

hot stone facial 90 mins **147**

add a nourishing bath soak before/after your massage 55 single 85 double

■ gift vouchers

give someone the gift of tranquility

select from our treatment menu or nominate a dollar value. all vouchers come gift boxed complete with a little surprise for the lucky recipient.





■ body therapies

relax, refresh and rejuvenate your spirit as well as your physical being with one or more of our delicious body treatments. from our thalgo body wraps, salt and walnut body scrubs through to being cocooned in a layer of earths healing minerals, we are sure we can find the treatment that is just perfect for you.

walnut body scrub or sea salt body buff	30 mins	67
marine algae toning body wrap	75 mins	147
fridgi partial slimming body wrap	60 mins	115
organic australian clay body mask	60 mins	105
mango and coconut nourishing body mask	60 mins	115
detoxifying seaweed full body treat	60 mins	105
<i>add a vichy shower for the ultimate in relaxation</i>		47

■ clay and mineral baths

aromatherapy milk bath and moisture

a very old and traditional way of caring for your skin. aroma milk baths allow aromatherapy oils to be absorbed into the skin, enabling the oil to rehydrate and relax the skin.

mineral clay bath and moisture

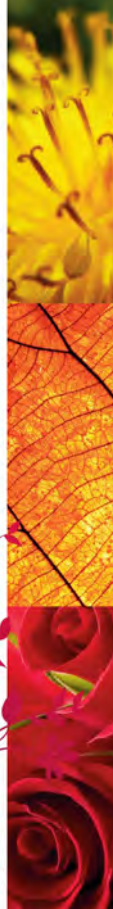
allow our aromatic clays nourish and relieve tension in this rejuvenating mineral bath.

marine algae bath and moisture

treat your body to this detoxifying bath to nourish, stimulate and repair your skin with marine algae from the sea.

45mins **95 single 155 double**

add a sauna session prior for best results 15mins 25





■ face therapies

a complimentary consultation will be provided prior to any facial to determine how to best look after your skin. all facials are specifically designed for each individual client using thalgo – marine based skincare suitable for both men and women.

our expert therapists cater for all skin types including: delicate, sensitive, oily to problem and acne, dehydrated, mature, sun damaged, dull, sluggish and polluted skins.

every facial includes a relaxing foot and half leg massage to complete the experience.

classic facial 60 mins 95 spa facial 90 mins 135

also available - crystal microdermabrasion, light therapies and meso-lift non-surgical face lifts from 95

■ hand and foot therapies

spa manicure

enjoy a scrumptious exfoliation and mask to soften the skin before we begin the nail and cuticle work. follow this with a beautiful hand and arm massage. complete this treat with a buff for a healthy natural shine or polish of your choice

45 mins **67**

spa pedicure

relieve sore and tired feet with a foot soak, exfoliation, and a reviving foot mask before we begin the nail and cuticle work. next, close your eyes and enjoy your foot and half leg massage. complete this treat with a buff for a healthy natural shine or polish of your choice

45 mins **67**

please advise at time of booking if you have shellac, gel or acrylics that need removal as these do take longer add on

opi gel polish to any spa pedicure or manicure	28
gel polish, shellac or acrylic removal from	20
french polish upgrade	20





■ the look

hair

our stylists/designers place the client in the centre of the artistic process through our exclusive one-on-one services. our team of highly skilled stylists are dedicated to you.

a complimentary consultation will be provided prior to any cut or colour service to determine exactly what you are looking for, including maintenance. Our stylists are trained in the very latest trends, and they will work closely with you to make sure you look and feel your very best. by getting to know your lifestyle habits and interests, we can recommend a look that is always evolving, perfectly suited to your needs. from shimmering blondes... sultry reds... rich, lustrous browns... silky, smooth lines... relaxed, tousled locks... the choice is yours!

we use and recommend l'oreal. l'oreal products are innovative, unique formulas designed for both men and women. all l'oreal products and rituals are designed to enhance the natural beauty of the hair while maintaining the experience of complete well-being and relaxation. as every person is unique and each hair type has its own particular needs, prices will vary. please enquire about your individual requirements.

■ wedding/special occasion

on your most special of days, let one of our therapists enhance your natural beauty with a professional hair style and/or make-up application. we use and recommend napoleon perdis and l'oreal

wedding or special occasion make-up from 70

wedding or special occasion hair up style from 90

hair extensions 20" 495

hair extensions 24" 550





■ eye couture

compliment your face shape with our professional brow mapping service. Our trained therapists will determine the best brow shape for your bone structure and face shape. complete the look... define your eyes with a lash and brow tint, from natural to dramatic - the choice is yours!

lash tint 23

brow tint 15

brow mapping and shaping 30

mesmer eyes allow 45 mins 75

enjoy a brow shape, lash & brow tint to highlight and frame the eye then enjoy an eye mask designed to diminish fine lines and wrinkles whilst hydrating, repairing and soothing the eye area.

■ bronze your body

enriched with skin moisturising properties, our tan will leave you with a healthy, natural glow. choose from rapid, caribbean or classic in a choice of shades – there is sure to be one perfect for you. we use and recommend sun fx.

tan 45

full body exfoliation, vichy and tan allow 1 hour 110

■ groomed to perfection

waxing

both quality strip and hot wax is used according to the type of hair and skin sensitivity. every treatment incorporates calming, soothing formulations and cold compresses when required.

prices from:

eyebrows 23 **underarm** 23

lip or chin 15 **bikini** 25

half leg 35 **brazilian** 65

full leg 50 **back** 40

arm 35 **chest and stomach** 55





■ signature packages

dreamtime start with a beautiful sea salt body buff, then be cocooned in a delicious organic australian clay body mask and finish with a lavish full body massage. allow 2 hours **180** add a petite facial **47**

bliss feet first for this one. begin with a reviving spa pedicure followed by a revitalising full body massage and complete this treatment with a refreshing petite mini facial. allow 2 1/4 hours **210** add a petite manicure **47**

mums to be to relax and recharge during this very special time. Begin with a delicious facial designed to regulate, calm and soothe your skin, enjoy a relieving head neck and shoulder massage and finish with a reviving spa pedicure allow 2 hours **180** add a pregnancy massage **80**

couples escape perfectly designed for two. start with a foot soak and exfoliation then move on to your full body deep tissue massages and finish with a relaxing mineral bath. allow 2 hours **320 per couple** add a sauna session **15mins 25**

indulgence after a relaxing foot soak we begin this treatment with an invigorating walnut body scrub. next, enjoy a luxurious full body massage before your heavenly spa facial and complete this treatment with some gorgeous polish on your hands and feet. allow 3 1/4 hours **275** add gel polish to your fingers and toes **47**

the journey for the ultimate experience, designed to stimulate the five senses. Begin your journey with an invigorating sea salt body scrub, organic mango and coconut body mask and l'oreal hair treatment. wash it away with a relaxing vichy shower before enjoying your full body massage. next, close your eyes and enjoy your revitalising classic facial, manicure and pedicure followed by lunch. our seasonal spa cuisine is sure to delight. complete your journey with a light make-up application and hair styling session. allow 6 hours **545**

add a sauna session for the ultimate in relaxation
- can be added to any treatment or package

includes towels & private use of room -

sessions **15 mins 25**





■ **spa etiquette**

our primary goal is to make your spa experience perfect so please consider the following.

■ **facilities**

not all treatments and facilities are available at every location, please check availability of your preferred treatment at time of booking.

■ **dining**

seasonal spa cuisine, canapés and refreshments are available. please enquire when booking and advise of any dietary requirements.

■ **limousine/car**

arrive in style. we will make all the arrangements. contact reception for more details.

■ **what if i'm late?**

planning ahead and arriving on time means you will experience the full pleasure of your chosen treatment, without limiting your treatment time. we understand that on occasion, your appointment may need to change. we require 24 hours notice for a cancellation or full treatment cost will be incurred. your consideration is greatly appreciated.

■ **communicating your preferences**

your time with us is all about you! we want you to have the best experience possible, so whether it is the music, temperature of the massage stones or room, or the pressure of your massage, please tell us as this will help provide you with the best day spa experience possible.

■ **group bookings**

group bookings are most welcome - enquire with reception. why not consider booking out the spa for your next special occasion? hens nights, mums groups and christmas parties are our speciality

■ **whisper zone**

to safeguard your relaxation and that of other guests, please turn off your mobile phone and speak softly. however if you are expecting an important call, please notify reception so we may be able to assist you.

■ **therapists**

if you prefer either a male or female therapist, don't hesitate to ask. also, if you have enjoyed the services of a particular therapist on a prior visit, feel free to request him or her.

■ **pricing**

our prices are subject to change without notice. please confirm at time of booking. public holidays are subject to a 15% surcharge.

■ **age restrictions**

we do not place minimum age restrictions on our guests as we would like to be available to all, but we do ask that you are considerate of others and keep noise to a minimum. child minding can be arranged on request, just ask!

■ **valuables**

jewellery will need to be removed during your treatment, so why not leave it at home? management accepts no responsibility for the loss of valuables or money brought onto the premises.

■ **medical conditions**

if you have any type of medical condition, be sure to mention it when you book your appointment. certain treatments may not be advisable for you.

■ **eco-awareness** being respectful of your environment is part of the spa experience. use only the number of towels and disposables necessary.

■ **mixing activities and spa-going**

on the day of your treatment, try to stay out of the sun and avoid alcoholic beverages. also, don't schedule a physically demanding activity immediately after your spa appointment. when in doubt, ask whether it is advisable to engage in a particular activity prior/post to your appointment.



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napoleon
BY ORO

THALGO
LA BEAUTE MARINE

L'OREAL
PARIS
LABORATOIRES

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