

Early Intervention for Injury Prevention

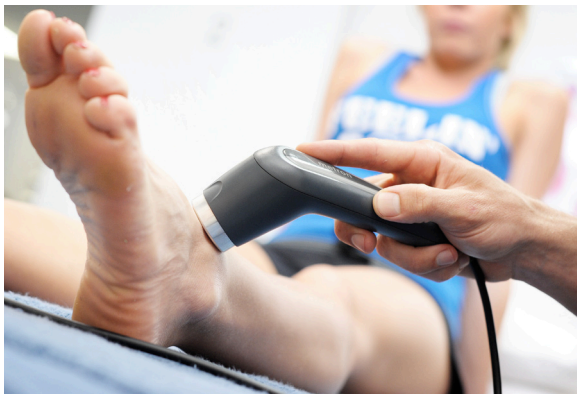


Work related injuries can be disruptive and expensive for any business. Early identification and intervention is the key to injury prevention and to avoiding expensive workers compensation claims.

Hoys Physiotherapy and Northern Rehabilitation Management (NRM) work closely together to provide effective Early Intervention strategies.

These include:

- Early intervention physiotherapy assessment and treatment – 4-6 treatments
- Musculoskeletal screening – to identify problems and recommend strategies to deal with them
- Corrective exercise programs – gym, pool and home based programs
- Ergonomic assessments – workstation and in the workplace
- Pre-employment assessments to determine if an employee has the ability to perform and complete the physical demands of a job



Other Services provided by Hoys Physiotherapy

- Custom orthotics utilizing the GaitScanTM
- Remedial massage – in the clinic or workplace
- Bounce Back Core Stability Program – 8 x 1 hour group sessions to improve core strength and postural awareness

