

# MENU



## BLU BISTRO

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Bistro Open 7 days  
Lunch 11.30am - 2.00pm  
Dinner Sun - Tue 5.30pm - 8.00pm  
Dinner Wed - Sat 5.30pm - 8.30pm  
Please place your order at the counter

**BLU  
BISTRO**

Join for just \$5 to pay members discounted price

## TO START

<b>Garlic Bread (vg) (gf available)</b>	m	nm
add cheese	6	7
add vegan cheese		1
add cheese & bacon		2
		2.5
<b>Bruschetta (vg) (gf available)</b>	10	12
ripe diced marinated tomatoes, fresh basil, toasted sourdough, balsamic glaze		
<b>Chicken Tenderloins</b>	14	16
orange and macadamia crumbed chicken tenders, plum and chilli sauce		
<b>Lemon Pepper Calamari</b>	14	16
tartare sauce, lemon, red vein sorrel		
<b>Ploughman's Board (for 2)</b>	20	22
shaved leg ham, sliced roast beef, cheddar, ham terrine, radish, boiled eggs, pickled onions, gherkins, piccalilli, mustard, toasted sourdough		

<b>Pacific Oysters</b>	<b>x3</b>	<b>x6</b>	<b>x12</b>
Natural	7.5	15	30
Kilpatrick	9	18	36
Mornay	9	18	36

## FROM THE GARDEN

<b>Caesar Salad</b>	16	18
cos lettuce, rustic garlic croutons, shaved Parmesan, bacon, soft boiled egg, house dressing		
<b>Rocket &amp; Roasted Beetroot (v) (gf)</b>	16	18
cumin, pumpkin seed hummus, pomegranate, pickled shallot, roasted chickpeas, citrus vinaigrette		
<b>Spring Citrus Salad (v) (gf)</b>	12	14
mixed lettuce, cucumber, tomato, avocado, orange segments, red onion, citrus mayo dressing		
add chicken to any salad		4
add prawns to any salad		6
<b>Chickpea &amp; Pumpkin Curry (v) (gf)</b>	19	21
roasted pumpkin, chickpeas, spinach, ginger and turmeric, basmati rice,		

## FROM THE Paddock

<b>Chicken Schnitzel</b>	18	20
panko crumbed chicken breast, crunchy fries and salad or mash & seasonal vegetables		
<b>Chicken Parmigiana</b>	20	22
panko crumbed chicken breast, napoli sauce, double smoked ham & mozzarella, crunchy fries or mash & seasonal vegetables		
<b>House Smoked USA Pork Ribs</b>		
smokey bbq bourbon sauce, crunchy fries & salad		
Half Rack	30	32
Full Rack	36	38
<b>Caramelised Pork Belly</b>	29	31
green paw paw salad, chilli, vinegar		
<b>Roast of The Day</b>		
See carvery for today's selection	13.9	14.9

## FROM THE GRILL

### ANGUS CERTIFIED STEAKS

<b>400g Rib Eye on the Bone</b>	36	38
<b>400g T-Bone</b>	28	30
<b>300g Rump</b>	24	26
<b>250g Scotch Fillet</b>	26	28
<b>300g Chicken Breast</b>	22	24
<b>Grilled Salmon Fillet</b>	24	26

\*\*All grill meals served with crunchy fries and crisp salad or mash & seasonal vegetables plus choice of sauce\*\*

### TOPPERS

Garlic Prawns	7
Crisp Onion Rings	5
Fried Calamari	7
Pork Spare Rib	9

### SAUCES

Garlic Cream	2
Peppercorn	2
Diane	2
Gravy	2
Mushroom	2
Hollandaise	2
Béarnaise	2

## FROM THE SEA

	m	nm
<b>Beer Battered Hoki</b> crunchy fries and salad or mash and seasonal vegetables	17	19
<b>Mussels (gf)</b> black lipped mussels, spiced sugo, saffron, toasted sourdough	16	18
<b>Pan Fried Salmon Fillet (gf)</b> sautéed potatoes, baby capers, red onion, cherry tomatoes, herb butter, lemon wedge	26	28

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## FROM NONNAS KITCHEN

<b>House Made Lasagne</b> pork & veal ragu, crunchy fries and salad or mash & vegetables	19	21
<b>Pumpkin Gnocchi (v)</b> potato gnocchi w/ pumpkin purée, roast pumpkin, spinach, toasted almonds, danish feta, candied pumpkin seeds	19	21
<b>Seafood Marinara</b> mussels, prawns, calamari, linguini pasta, napoli sauce, fresh herbs	24	26
<b>Spaghetti Bolognese (gf available)</b> pork, veal, san marzano tomatoes, garlic, basil, parmesan	18	20
<b>Spaghetti Napolitana (v) (gf available)</b> San marzano tomatoes, garlic, basil, Parmesan	16	18

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## LUNCH MENU (ideal lunch size)

Available Monday - Saturday 11.30am - 2.00pm

<b>Spaghetti Napolitana (gf available)</b>	10	12
<b>Chicken Kiev, Chips &amp; Salad</b>	15	17
<b>Seafood Basket</b>	14	16
<b>Gnocchi Bolognese</b>	12	14
<b>Penne Carbonara (gf available)</b>	12	14
<b>200g Rump Steak w/ chips &amp; salad or mash &amp; vegetables (gf)</b>	15	17

## SENIORS (perfectly portioned)

	m	nm
<b>Please present Senior's Card</b>		
<b>Schnitzel, Chips &amp; Salad</b>	12	14
<b>Battered Fish &amp; Chips</b>	12	14
<b>Rissoles w/ Mash &amp; Vegetables</b>	12	14
<b>Spaghetti Bolognese or Napolitana (gf available)</b>	12	14
<b>Bangers &amp; Mash</b>	12	14

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## KIDS

Suitable for 12 and under

<b>Crumbed Chicken Salad (gf available)</b> crumbed chicken tenders, garden salad, house dressing	7
<b>Spaghetti Bolognese (gf available)</b> spaghetti, tomato and meat sauce, parmesan cheese	7
<b>House Made Lasagne</b> meat lasagne, crunchy fries and salad or mash & vegetables	7
<b>Fried Calamari</b> crumbed fried calamari, crunchy fries and aioli	7
<b>Chicken Nuggets (gf available)</b> battered chicken breast nuggets, crunchy fries and tomato sauce	7
<b>Hawaiian Pizza</b> topped with napoli sauce, ham, pineapple and mozzarella	7
<b>Fish &amp; Chips</b> battered fish, crunchy fries, and aioli	7

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## SIDES

<b>Paris Mash</b>	7
<b>Broccolini, toasted almonds &amp; persian feta</b>	7
<b>Crunchy Fries</b>	7
<b>Garden Salad</b>	7
<b>Seasonal Vegetables</b>	7

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**(v) Vegetarian (vg) Vegan (gf) Gluten Free**

Please Note: We can not guarantee any of our products are completely gluten free. Please advise at the time of ordering if you have specific allergy concerns and we will do our best to accommodate you.



## Something else?

Visit Cafe 22 for a selection of pizzas, burgers, desserts, milkshakes, coffee & more.



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