

ELIZABETH PEDDEY

GASTRONOMY:

The art and practice of using food and wine to make people happy

Elizabeth has a Master's degree in Gastronomy awarded by Le Cordon Bleu in conjunction with the University of Adelaide. She is a committee member of the International Wine and Food Society, Victoria branch, Asia Pacific region, and an active member of the Ladies Wine and Food Society, Melbourne.

Elizabeth's experience spans many years within the food industry. She has worked as a culinary consultant, cook, teacher, television presenter, food writer and caterer. She lived with her family in Italy in 2001 and has returned regularly ever since. In 2012 the Peddey family purchased a home in the historical centre of the medieval village of Pisciotta. Her association with Italy, in particular in Campania and the Cilento, has fostered an interest in the food and wine of Italy and the Mediterranean.

Elizabeth is a self-taught, home cook; she is the mother of three adult children and lives in Elwood with her husband Mark, her daughter Kate and Harriet the cat. Elizabeth is the founder of Elizabeth Peddey School of Cookery and Gastronomy – Elwood. She plans to open *The Italian School of Cookery and Gastronomy* in Pisciotta in 2017.

Elizabeth sees cooking as a practical and social skill, fundamental to the regular enjoyment of the pleasures of good food and wine. She is passionate about the demystification of this process and challenges the low levels of

kitchen confidence that can compromise so painfully what, how, when and with whom we eat and drink.

Elizabeth invites people of all age groups, who want to make good food and wine an every day reality for themselves and those they care for - to join her in a practical and fun environment at the ElizabethPeddey School of Cookery and Gastronomy.

Are you ready to make friends with your kitchen?

Contact Elizabeth Today!

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