

# Tiny Hearts Family Day Care



Located at  
**18 Cianthus St, Regents Park, QLD 4118**

Contacts:  
Phone: **0435114133 / 0738007483**  
E-mail: [tinyheartfamilydaycare@gmail.com](mailto:tinyheartfamilydaycare@gmail.com)

Opening Hours:  
**Monday – Friday 6.30am to 6.00 p.m.**

Committed to providing:

- ~ A warm, caring, and rich environment full of authentic home experiences and a range of activities aimed to meet your child's needs.
- ~ School drop off / pick up.
- ~ Personalised attention.
- ~ Participation in community outings / activities including playgroups, library story time, parks and walks.

## MY PHILOSOPHY:

I believe that each child is a unique individual and has beautiful gifts and talents to share. I am totally committed to providing a warm, nurturing, accepting, clean and healthy environment where each child may grow intellectually, socially and emotionally at their own pace. I believe that my family day care is an extension of you and your child's family. With patience and understanding children will gain confidence of self-importance and have the opportunity to explore the world in a safe and controlled environment.

When your child socializes with other children in a safe, positive, and nurturing environment it will aid in enhancing:

- Social skills
- Physical development
- Emotional development
- Creativity
- Cognitive development



Each child is special and unique at Tiny Hearts Family Day Care. I strongly believe in a 'hands on' approach. Children learn through playing, using their senses and by doing.



*Please feel free to call or email if you require further information or would like to visit.*

## DAILY SCHEDULE

- 6.30 – 7.30am - Arrival /quiet time/ breakfast
- 7.30 – 8.30am - circle time/story time / music & movement / show and tell etc.
- 8.30 – 9.15am - School run
- 9.15 – 10.30am - Infants - exploratory time; includes sensory, language, creative, fine and motor activities. Older children – Discovery, plays, language and creative expression.
- 10.30 – 10.45am - Wash up / snack
- 10.45 – 11.00am - Outdoor play
- 11.00 – 12.30pm - Toileting / wash up / story time / prepare for lunch / lunch
- 12.30pm - quiet time / sleep time
- 2.30 – 3.15pm - school run
- 3.30 – 4.30pm - wash up / snack
- 4.30 – 5.15pm - exploratory time (inside & out)
- 5.15 – 6.00pm - Individual activities / educational movies / departure

## GOALS:

- ~ To help children become more independent and caring for their own needs, the needs of others and the environment.
- ~ To instill a joy of learning.
- ~ To provide a learning experience that will enable them to grow physically, socially and emotionally.
- ~ To enhance their own awareness and understanding of the world around them.
- ~ To learn respect and compassion for others.



## EXTRA FEATURES OFFERED:

- ~ Picture day
- ~ Birthday parties for children.
- ~ Christmas Day party
- ~ Summer party
- ~ Celebration of any other special events.
- ~ Picnics in the park
- ~ Trips to the local library
- ~ Attending age appropriate local workshops for children, and much much more!!



## ABOUT ME:

My name is Akila. I'm married to a wonderful man named Mathew. I have two wonderful boys, Keith (27 years) and Jason (11 years). I love animals and have two dogs, Iggy and Tiny, and a whole lot of birds. I love working with children and understand the difficulties in finding good quality care for working parents. My philosophy is to provide a loving, happy, educational and secure environment for children. I strive to enrich each child with the love of learning, a positive self-image and a sense of creativity. I also strive to promote mutual respect between the child, parent and myself. I have the love, knowledge, patience, and experience to provide a warm, stimulating and loving environment in which your child can learn and glow. I have been caring for friends kids for a while which was prompted me to start my own family day care. I have a valid 'working with children' blue card and am qualified in CPR, Anaphylaxis and Asthma.

