



8days all day breakfast...

toasted sourdough / 6 grain / fruit bread or gluten free w/ strawberry or raspberry jam, marmalade, vegemite, peanut butter, nutella or honey	9
toasted noisette croissant w/ strawberry or raspberry jam, or marmalade	8.5
fresh seasonal fruit salad w/ yoghurt	14
bircher muesli w/ fresh mixed berries & natural yoghurt	14.5
apple strudel pancake w/ sultanas, cinnamon, house vanilla bean parfait & maple caramel syrup	17
french toast w/ poached pears, candied pistachios, crème fraiché & maple caramel syrup	17
tuscan eggs on 6 grain w/ warm prosciutto, roasted capsicum, broad beans poached eggs, torn basil & shaved parmesan	20.5
avocado & persian fetta on sourdough w/ a basil & minted broad bean chilli dressing & balsamic reduction	19.5
lambeth ave scrambled eggs w/ smoked salmon, lemon & chive crème fraiche on sourdough	20
egg and bacon brioche w/ smashed avocado & homemade tomato relish	17.5
the gym Junkie - smoked salmon, 2 poached eggs, avocado & sautéed spinach	19
smashed avocado & persian fetta on 6 grain w/ bacon (or smoked salmon +\$1.5) & poached eggs	22.5
8days benedict w/ smoked leg ham (or smoked salmon +\$1.5) poached eggs & chive hollandaise	19.5
folded veggie omelette w/ mushrooms, spinach, roma tomatoes, spanish onions & persian fetta	20.5
pork & fennel chipolatas w/ bubble & squeak, poached egg, tomato relish, shaved parmesan, spinach & fresh herbs	22.5
smoked salmon & leek croquettes w/ grilled asparagus, poached egg & lime coriander hollandaise	22.5
columbian corn fritters w/ smoked salmon, guacamole, poached egg, tomato salsetta & dukkah	22
toasted new york bagel w/ smoked salmon, sautéed spinach, avocado, poached eggs & chilli lime hollandaise	22
steak & eggs (150g grass fed black angus porterhouse) w/ fried eggs & sticky worcestershire glaze	23.5
eggs any which way (poached, scrambled or fried) w/ toasted sourdough or 6 grain (sides below)	12

sides

smoked salmon	6
chorizo, smoked bacon, bubble & squeak croquette, persian fetta, avocado,	4.5
slow roasted roma tomatoes, truffled mushrooms, sautéed spinach	4
tomato relish, hollandaise sauce	2.5