

The name '**SCENAR**' is an acronym for Self – Controlled – Ergo – Neuro – Adaptive Regulator.

SCENAR was invented and further developed by **RITM OKB ZAO** (Russia) – **the only manufacturer of the original SCENAR devices.**

The **SCENAR** device stimulates the skin surface with specifically shaped electric impulses, based on the patterns of natural nervous discharges.

Constant measurement of electric skin parameters provides an intelligent feedback mechanism, involving the patient (sensing the power of stimulation), the device (measuring the skin parameters to dose duration and intensity of delivered impulses) and the operator (applying the device to the proper location for a proper amount of time).

The pattern of **SCENAR** discharges stimulates the nervous pathways, restoring and regulating conductivity, thus improving nervous regulation of affected organs and tissues. All **SCENAR** devices, both professional and home use, implement this feedback system for precise measurement of delivered stimulation.

The impulse shape, based on the **natural nervous discharges**, is readily accepted by the organism, with a patented modulation algorithm preventing accommodation - subtle modifications in the impulse parameters do not let the targeted pathways become accustomed and no longer receptive to the treatment. The impulse shape and power settings allow for intense, but non-damaging stimulation of all nervous paths in the body.

March/April Special

30 minutes Infrared Sauna (Detox)
followed by a
30 Minute Remedial Massage
Only \$70.00

WOW!! Save \$15 (Usually \$85)

CLINIC: 150 Hunter St, East Lismore NSW 2480

Open: Monday to Friday (LATE) plus Saturday

Phone for appointment: **6622 6966**

Mobile: **0418 252 820**

Email: painrelief@scenarworks.net

Web: www.scenarworks.net

Vincent Bowyer CSP®

Certified SCENAR Practitioner

Accredited SCENAR Trainer

RISTA Therapist (Meridian analysis)

DORN Spinal Therapy

Diploma Remedial Massage Therapy

SCENAR Women's Health and Sports Injuries

President, STAA *

Christine Bowyer

Level III SCENAR Therapist

SCENAR Women's Health and Sports Injuries

Associate Member STAA*

Sharon Mitchell CSP® (Thursdays only)

Certified SCENAR Practitioner

Diploma Remedial Massage Therapy

SCENAR Women's Health and Sports Injuries

*SCENAR Therapist Association of Australasia Inc

Web: www.scenar.org.au Email: info@scenar.org.au



Lismore Pain Clinic



Call for your appointment
today - refer your friends.

We want Lismore to be

PAIN FREE

HICAPS and EFTPOS available for your convenience

Newsletter: March 2013

Do I need a

Hair Tissue Mineral Analysis?

Ask yourself:

1. Do you regularly use antiperspirants or antacids?
2. Do you have metal tooth fillings or regularly consume seafood?
3. Do you live or work in an industrial setting? Do you spend a great deal of time in traffic? Do you have chronic symptoms that haven't been diagnosed or treated successfully?
4. Do you have chronic gastrointestinal symptoms such as bloating, diarrhea or gas?
5. Do you suffer from periodontal symptoms, allergies or hypertension?
6. Do you suffer from mood changes that are difficult to explain?
7. Do you have trouble with concentration, memory or learning?
8. Do you get infections easily or recover slowly?
9. Do you experience a reduced sense of taste or smell, poor night vision, rough skin or poor wound healing?

Speak to the team at The Lismore Pain Clinic – with just a tablespoon of hair, a full report will be provided outlining the effects on your body of modern day living and a path to repair.

Can Massage Help Me with Stress?

One of the immediate benefits of massage is a feeling of deep relaxation and calm. This occurs because massage prompts the release of endorphins, the brain chemicals

(neurotransmitters) that produce feelings of wellbeing.

Levels of stress hormones, such as adrenalin, cortisol and norepinephrine, are also reduced.

Studies indicate that high levels of stress hormones impair the immune system.

YES, Massage CAN help you...



Some of the physical benefits of massage include:

- Reduced muscle tension
- Improved circulation
- Stimulation of the lymphatic system
- Reduction of stress hormones
- Increased joint mobility and flexibility
- Improved skin tone
- Speedier healing of soft tissue injuries
- Heightened mental alertness
- Reduced anxiety and depression.

SCENAR and THE EELS

The Pirtek Parramatta Eels are proud to announce a new partnership for the 2013 season with Scenar Health becoming a

recovery and pain management partner whilst also securing the naming rights for the weekly injury report on Parraeels.com.au.

Scenar Health therapists are acute and chronic pain specialists using SCENAR technology, and will be an important addition to the recovery and training program of the Eels.

"Scenar Health has earned a worldwide reputation for providing fast and sustained pain relief and improved recovery rates for World and Olympic champions, and we are honoured and very excited to be involved with such an iconic club as the Parramatta Eels" said Scenar Health CEO Chris Mortensen.

"Pirtek Parramatta Eels NRL Physiotherapist Victoria Locke said Scenar's technology would have a marked effect on the Club's injury management.

"In elite level sport effective and efficient injury management and recovery is paramount," Locke said.

"Since being exposed to SCENAR therapy I have witnessed accelerated healing responses and enhanced recovery.

"SCENAR therapy will be an integral part of recovery and injury management in the 2013 season to facilitate accelerated healing responses and improve recovery, injury management and return to sport time frames."

SCENARworks in Lismore is a proud sponsor of the local South Lismore Celtic Football club – keeping the boys on the field...