

## Ageing should be a rich and rewarding experience for everyone

Whiddon has been providing care to elderly Australians focussed on enriching quality of life for more than 60 years across regional, remote and rural NSW. We are closely connected to our local communities and have grown into a large non-profit organisation with over 1700 staff and 2000 clients. Our services include residential and in-home care as well as independent living. This means that we can offer continuity and peace of mind when your needs change.



We are proud of the energy and investment that we put into training our nursing and care staff to make a real difference to our clients' lives. We are a strong community that combines personalised and best quality care and support, when and where you need it.

Our aim is to make a real difference to the quality of clients' and their families' lives at this important time.




## Call us to find out how we can help and to arrange a tour

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## Connect with us

Learn more about The Whiddon Group.

-  Find out more about us at [whiddon.com.au](http://whiddon.com.au)
-  Join us on Facebook@TheWhiddonGroup
-  Follow us on Twitter@TheWhiddonGroup

## Jessie Hunt

### Residential Care Service

Award winning lifestyle programs and landscaped gardens in the heart of the Narrabri community.



Life is a journey



## Jessie Hunt, your place

Jessie Hunt is a residential service. We are here for elderly people, who can no longer live independently at home. We offer general lifestyle and nursing care as well as specialist dementia and palliative care services.

Narrabri is a rural community situated on the banks of the Namoi River in north western NSW. Our home is set in peaceful gardens next to the Narrabri Golf Course. We are adjacent to the District Hospital and minutes from our second residential home. We offer 45 private and companion rooms, many with ensuite bathrooms and garden views. Our rooms are fully furnished but we encourage you to bring familiar items and photographs to personalise your new home.

Our aim is to provide an environment and level of care that is personal, with flexibility and choice around what's important to you.



## Our services – helping you feel safe and secure

Our services cover a great range of health, personal care and leisure activities, including:

- 24 hour care
- GP services with, wherever possible, your choice of GP
- Physiotherapy, speech therapy and podiatry
- Nutrition and exercise programs
- Full cleaning and laundry services
- Visiting hairdresser
- Pet therapy
- Men's and ladies' groups
- Art and music therapy
- Cooking and craft groups
- Community activities – visits from volunteer groups and children from local schools
- Great food – we have won awards for the quality of our food and many homes have their own chefs and special dining programs
- Regular social outings – we offer regular outings for our clients to local events, trips into town, social coffee outings or shopping trips

## Often it's the little things that make the most difference

Our aim is to help you and your family enjoy this important time of life, in a way that suits you. We are constantly developing new ideas and services based on what we learn from you. Here are just some of the things we do to help give you the best quality of life:

[We help you stay connected with family and friends.](#) We help you celebrate birthdays, family events and reunions with barbecues, high teas or other meal ideas. We can also help you stay in regular touch with your family and friends in ways that works best for you.

[We help you get the most out of day to day living.](#) We have adopted the latest award winning programs based on humour and art therapy, such as the Play Up program, and offer them with specially trained staff at all Whiddon services. Maintaining a sense of independence, even with serious health challenges, is very important to many of our clients, and we do our very best to help make this possible.

[We help you stay connected to the community.](#) We have an active volunteer program, where volunteers and local schools come in to chat and enjoy clients' company. We also make it possible for clients who want to take part in volunteering and fundraising, to join and attend local events and community groups.

[We help you stay social.](#) We do our best to help clients take part in our home community. We hold regular ladies' high teas, men's groups and celebrate special events with morning teas, dinners and theme days – so that there's always something to look forward to.