

1300 ATHLETE

Find The Athlete Within

**Personal Training for all fitness levels and goals.
It's time to invest in your health today!**



1300 ATHLETE

1300ATHLETE is all about Health and Fitness and dedicated to helping the public reach their health and fitness goals in the safest, quickest and most modern way possible.

As our enthusiastic staff and industry leading suppliers of 1300ATHLETE are qualified and keep up to date with the current industry breakthroughs and research, you will be satisfied with the motivational service and the results you will attain.

' So is it time to invest in your health and find the athlete within? '

Trial

6 x 30 mins sessions over 3 weeks	Normally \$180 Now \$120
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One on One sessions

30mins	\$30
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45mins	\$40
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60mins	\$50
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Blocks of 10 available for 10% off!

Partner sessions

45mins	\$20 (pp)
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60mins	\$25 (pp)
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Group sessions (3 or more people)

60 mins	\$20 (pp)
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Products

O2T (health and immune system booster)	\$49.95
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