

BEFORE TREATMENT

You may prefer to wear loose slacks/trousers to your appointment as they will conceal the compression bandage.

You are able to drive home after the procedure

AFTER TREATMENT

In order to ensure the success of the procedure, it is essential that you observe the following instructions :

Walk for at least half an hour a day

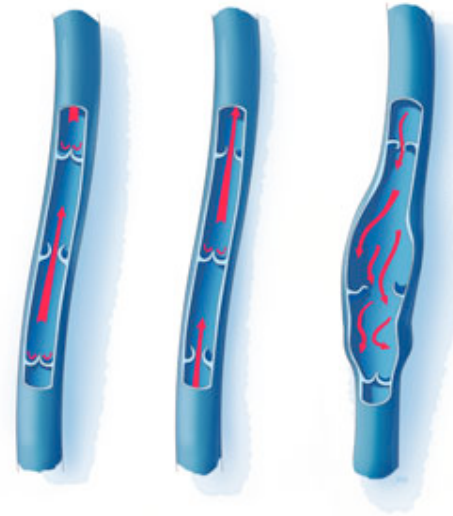
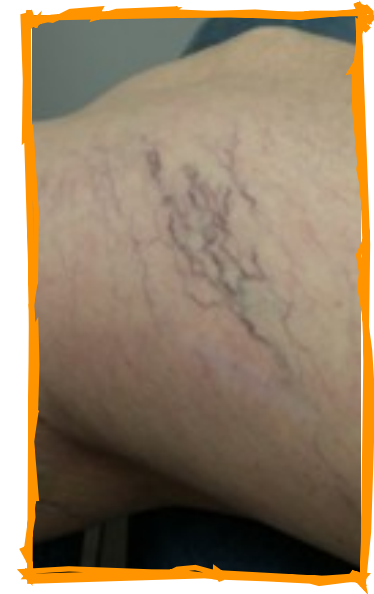
Avoid standing still for long periods of time if possible

You will be able to carry on with your normal lifestyle, however you should avoid vigorous exercise or strenuous activities - such a squash or high impact aerobic - for the first week after treatment

You may experience slight aching/pain in the legs in the first few days after treatment. If it occurs take 2 Nurofen tablets 3 times daily. Do not rest your legs but continue to walk as before.

Continue to wear the bandage during daytime only for a total of 2 weeks

If you have any pain or swelling of the leg, please contact the surgery.



Sunshine Coast

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VARICOSE & SPIDER VEINS ?

- No Surgery, No scars
- Treatment in less than an hour
- Ultrasound mapping of the veins
- 90% success rate
- Return to normal activities immediately
- Little or no pain

To arrange a Free consultation with Dr Pin,
Call the **5538 2333**

VARICOSE VEINS

More than just a Cosmetic issue

Varicose veins are a very common problem affecting both men and women. They look like bulging, twisting rope-like cords on the legs, and can be found from groin to ankle.

While the visual impact of varicose veins may be obvious for all to see, the other symptoms associated with condition are not.

In addition to the visual appearance, many patients may experience one or more of the following leg symptoms :

- Pain
- Heaviness/tiredness
- Burning or tingling sensations
- Swelling/throbbing
- Tender areas around the veins



Sclerotherapy is a fast, highly effective way to treat small varicose veins and spider veins

Sclerotherapy is a very simple procedure that involves injecting a sclerosing solution directly into the vein. The solution irritates the vein's wall. Over time, the vein turns into scar tissue, is absorbed back into the body and fades from view.

An in-office procedure, sclerotherapy takes less than an hour to perform. You will be awake during the procedure. After the veins have been located, a tiny needle is inserted into the vein and a small amount of sclerosing solution is injected. Because the process involves using a tiny needle, sclerotherapy leaves no visible scars.

Following the procedure a prescription strength compression stocking must be worn for a short time. You can continue most normal activities immediately.

Up to 80 percent of injected varicose veins may be eliminated with each injection session.

Complications

If you experience symptoms and delay treatment, your symptoms may progress onward to more serious complications including :

- Inflammation (phlebitis)
- Blood clots
- Ankle sores or skin ulcers
- Bleeding

