

Our staff have a wealth of experience in treating and supporting patients through the rehabilitation process. They are caring and dedicated clinicians who understand that this can be a difficult time for all involved.

Kate Phillips
Physiotherapist
Practice Principal

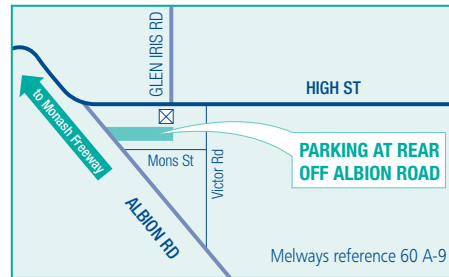
We provide services in the:

- Home
- Residential Care Sector
- Work

Services are provided in our rooms at:

36 High Street
Glen Iris

Referrals can be made by patient, family, carer or health professional. No Doctor's referral required. Approved for Private Health funds, TAC, Workcover and DVA.



Independent Rehabilitation Services PTY LTD

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Independent Rehabilitation Services PTY LTD

A Multidisciplinary Rehabilitation Service for Adults



Services provided across Melbourne and in our rooms

Phone (03) 9885 2533

www.independent-rehab.com.au

Working towards your recovery

Following assessment, client-focused treatment goals are established. We aim to maximise functional recovery by establishing appropriate programs in the home and residential care sector in liaison with family, referrers and carers.

MULTIDISCIPLINARY CARE

Physiotherapy

- Gym program development
- Gait re-education
- Balance and coordination retraining
- Vestibular rehabilitation
- Upper limb retraining
- Posture and seating
- Exercise prescription
- Hydrotherapy



Occupational Therapy

- Home assessment & modification advice
- Equipment prescription eg. wheelchairs, bathroom equipment
- Assessment & re-training of personal care, domestic and community activities
- Cognitive retraining
- Return to work programs
- Integration into community programs
- Splinting
- Rehabilitation of upper limb and hand function



Speech Pathology

- Memory strategies
- Dysarthria (weak facial muscles and slurred speech)
- Dysphagia (swallowing problems) assessment and management
- Dysphasia (acquired speaking, understanding, reading and / or writing difficulties)
- Computer use
- Communication for everyday living, education and work
- Learning and literacy



TESTIMONIALS

Len Stevens

Case manager

Statewide ABI, Melbourne City Mission

"I've developed a very good relationship with Independent Rehabilitation Services, largely because of the quality of the therapists, especially Katie and Esther, who I've had the most contact with. I've always found the service to be responsive and highly professional. Communication is easy, particularly with solving problems. I call Independent Rehabilitation Services first when I'm sourcing services for my clients with acquired brain injury. I recommend the service to anyone."

Libby

Mother of James – client with ABI

"Katie was just an absolute dream – a saint! She worked with James in the early stages when he first came home. Independent Rehabilitation Services has been extremely helpful and have treated James and his family with so much respect. I was so happy about how they always involved him in the decisions – it gave him a bit of heart. The service is beyond what you would expect. I have only the highest praise and gratitude. I certainly would recommend this service."

Ruth

Mother of Stuart – client with ABI

"He's come along well with Esther – he does a big workout while at the gym. He does his exercises and he's (exhausted) by the time he's finished. Esther's been with Stuart for a long time, for the past few years. She helped him walk and worked on his arm and leg. He's now working a couple of hours on Mondays, Tuesdays and Wednesdays then on Thursday he does a cooking class in the morning and dancing in the afternoon. He loves going out."

Brenda Wells

Nurse Manager

St. Michael's Aged Care Facility

"Robyn's input with this client has achieved dramatic results. Robyn has been fantastic. She has worked extremely well with nursing and care staff, providing education and support. Her interaction with all residents is to be commended. One resident, who came to St. Michael's from a rehabilitation centre, was told that she would never walk again. With Robyn's knowledge, dedication and commitment to her profession, this resident is now walking. Naturally, the resident's quality of life has improved immensely. When Robyn is assessing and developing her physio plans, she looks at the 'whole person'. Well done Robyn and thank you."