

Before & After Care

Intense Pulsed Light (IPL) Hair removal

Treatment Plan

- The **Hairstop Clinic** offer permanent hair reduction. This means that in most cases the majority of hair will not return after a short series of treatment. This course of treatment varies from person to person, but will usually be about 6-8 regular sessions possibly about a month to three months apart.
- The hair that is going to disappear for good will usually stop growing within this initial course, with any residual hair growth being finer, softer, lighter in colour and regrowing at a dramatically slower rate. This residual hair growth can be left alone, or you can have occasional maintenance treatments, which can vary from a few months apart to once a year.
- The degree of hair loss and the time taken to get results will vary from person to person as there are many factors that can influence hair growth.
- For maximum results you need to follow the initial course regularly as recommended by your technician.

Sun Issues

- Intense Pulse Light is attracted to melanin, the pigment (colour) found in hair and skin. Hair needs to have colour for hair removal treatment to be effective, but if there is colour in the skin there can be complications.
- Some skin may be too dark for safe treatment, as the light can be attracted to the melanin in the skin and cause hyper or hypo pigmentation. (increase or loss of colour in the skin).
- A recent tan is also a potential problem as the light will be attracted to the melanin in the skin causing hyper or hypo pigmentation. We recommend you avoid sun exposure on the treatment area for atleast 6 weeks pre and post treatment. At all other times use 30+ sun block.
- Sun beds need to be avoided in the same way as the sun.
- Spray on and instant tan products are pigments. The skin should be clean of any such products before each treatment.
- If you are having rejuvenation or pigmentation treatments on the hands, wear cotton gloves when driving, gardening or playing outdoor sports.
- **A 30+ sun block should be applied to treatment area if there is any likelihood of sun exposure, however strong the sun and whatever time of the year.**