

Enjoy this journey through mind, body, and spirit using my relaxation techniques with aromatherapy massage using pure essential oils.

My experience has been working at Camp Eden Health Retreat, Gold Coast, for seven years, and my own business, Paddington, Sydney, for seven years.

My holistic approach will assist with ailments such as insomnia, headaches, stress, and muscle tension.

Looking forward to assisting you in rebalance and rejuvenation of the central nervous system within the body.

Warm regards

DONNA HARRIS

(Ass.Dip.App.Sci.)