

## Why volunteer

As a volunteer with Extended Families you choose to give your skills and time to help create positive change for children and families in your local community.

We know volunteering to be an enormously rewarding and stimulating activity.

## Who volunteers

Extended Families' volunteers come from all walks of life, nations and cultures. There is no 'typical' volunteer – they may be male or female, single or married, with or without children, mature aged or young, retired, working or undertaking university or school studies.

We recognise the variety of roles needed, so value having a diverse group of volunteers.

## Contact Us

For further information or to make an application please send an email or call the relevant office.

### Organisation Addresses

COBURG (Head Office):  
Suite 1, 95 Bell St  
Coburg VIC 3058  
Phone: 03 9355 8848  
Fax: 03 9354 9404

### Management Contacts

CEO: Julie Langdon  
Phone: 03 9355 8848  
Email: [ceo@extendedfamilies.org.au](mailto:ceo@extendedfamilies.org.au)

**Regional Manager – Eastern and Southern:**  
Rosemary Nicholls  
Phone: 03 9275 6953  
Email: [manager.southeast@extendedfamilies.org.au](mailto:manager.southeast@extendedfamilies.org.au)

**Regional Manager – Northern and Western:**  
Tamara Williams  
Phone: 03 9355 8848  
Email: [manager.northwest@extendedfamilies.org.au](mailto:manager.northwest@extendedfamilies.org.au)

### Regional Contacts

**Eastern**  
Phone: 03 9285 4837  
Email: [eastern@extendedfamilies.org.au](mailto:eastern@extendedfamilies.org.au)

**Northern and Western**  
Phone: 03 9355 8848  
Email: [northwest@extendedfamilies.org.au](mailto:northwest@extendedfamilies.org.au)

**Mornington Peninsula and Frankston**  
Phone: 03 5950 1055  
Email: [peninsula@extendedfamilies.org.au](mailto:peninsula@extendedfamilies.org.au)

**Southern – South East areas**  
Phone: 03 9285 4838  
Email: [southern@extendedfamilies.org.au](mailto:southern@extendedfamilies.org.au)

*Extended Families Family Match and Live your Community programs are supported by the Victorian Government. The My Time programs are supported by the Australian government*



**extended families**  
australia

supporting families  
of children with a disability



Creating opportunities  
through friendship



## Our Programs

### Family Match Program

Individual volunteers provide long term companionship and flexible respite support to a child or young person and their family.

### Live Your Community Program (LYCP)

Individual volunteers provide friendship, practical assistance and mentoring support to a child or young person, helping them develop important life skills and to take part in sport, recreation and leisure events or activities that are of interest to the child.

### LYCP Together Groups

Together Groups link small groups of children or young people with disabilities, supported by volunteers and sometimes peer volunteers, to bring them together to learn and strengthen social skills, build confidence and to support participation in community activities and events.

### Vietnamese Community Programs

Programs specifically for Vietnamese children and their families who have a child with a disability. These programs are run by Vietnamese workers and include a social events and family outing program, MyTime Peer support groups and play groups, as well as a monthly Vietnamese friendship group.

### Social Events Program/Family Fun Days

Children and families accessing our programs and also waiting for access are invited to family fun days and regional social events held each term. This program brings together families, children, staff and volunteers to facilitate social connections between people and enhance community participation.



We facilitate positive connections between people within a community

## Who we are

Extended Families Australia is a not-for-profit community organisation that provides support, respite, significant social relationships and community participation for children with disabilities and their families in Melbourne and the Mornington Peninsula.

We facilitate positive connections between people within a community to provide support and seek to widen social networks, empower individuals, promote inclusion and strengthen the bonds people have within their local area.

## What we do

Children and families who are supported by Extended Families have access to a number of flexible support options founded upon volunteering models, including individualised volunteer matching for social, recreational and respite support, supported play groups, friendship groups and social events.

## How we do it

Extended Families connects volunteers and children with disabilities and their families through friendship, fun and flexibility. We work with each child and family to support them to reach their goals and do the things they want to do. The individual support needs and interests of each child and family are carefully matched with the interests, skills and availability of a volunteer in order to create the best opportunity for a relationship to develop and for goals to be achieved.

Our volunteers assist children to participate in a range of recreation, leisure, sporting or cultural activities in the community that reflects their interests and preferences.

